



Mission Statement

We are a group of people providing informal social and practical support for local residents aged 50 years and over. We call ourselves “**Working 50 Plus**”.

We are based in Brighton & Hove but also have members from surrounding areas of Sussex.

The objectives of the group are to promote the wellbeing of those members who may wish to get back into employment.

We started in April 2008 and meet regularly on the 1st and 3rd Tuesday of every month at 11am at:

The Cornerstone Centre,
St Johns Church,
Church Road,
Hove,
BN3 2FL.

It's immediately west of Palmeira Square in Hove.

Many of the group are experiencing the challenges of seeking re-entry in the labour market. We promote members' employment prospects through advice and information sharing and invite guest speakers to support and encourage these aims.

Others in the group are seeking a new role following redundancy or retirement. For those actively seeking employment or in other situations the group provides a valued network within which confidence and communication skill can be developed. New opportunities are explored with the aim of promoting greater self-esteem, ensuring that people over 50 do not feel excluded from the wider community.

Meetings offer the opportunity to improve practical skills such as interview technique and C.V. writing, in a safe and supportive peer-led environment. New avenues such as setting up a new business, marketing, dealing with the media and improving I.T. skills will be considered. Other relevant issues such as health, benefits, etc, also form an integral part of our agenda.

If you feel you have something to offer the group or would benefit from the social and practical benefits we offer, please come along to join us or ring **07757 169172** to speak to a member.

From April 2019 we also have a website at:

www.working50plus.org.uk